

## Parishioners' Responses to the Prompt Sheet

Thank you for completing the Prompt Sheet - we received 144 responses from families and individuals which represents a very strong response from the Parish. The results show that many of us are already taking seriously the call of Pope Francis in Laudato Si but the three areas where we are less consistent are:

- looking for the Fairtrade Symbol when shopping;
- running the dishwasher/washing machine on cool cycle; and
- supporting the community emergency foodbank.

### RESULTS

We turn off appliances and lights when not in use

We turn off taps when brushing teeth

We hang clothes out to dry and avoid tumble dryer

We avoid using a full kettle for making one cup of tea

We run dishwasher/washing machine only when full

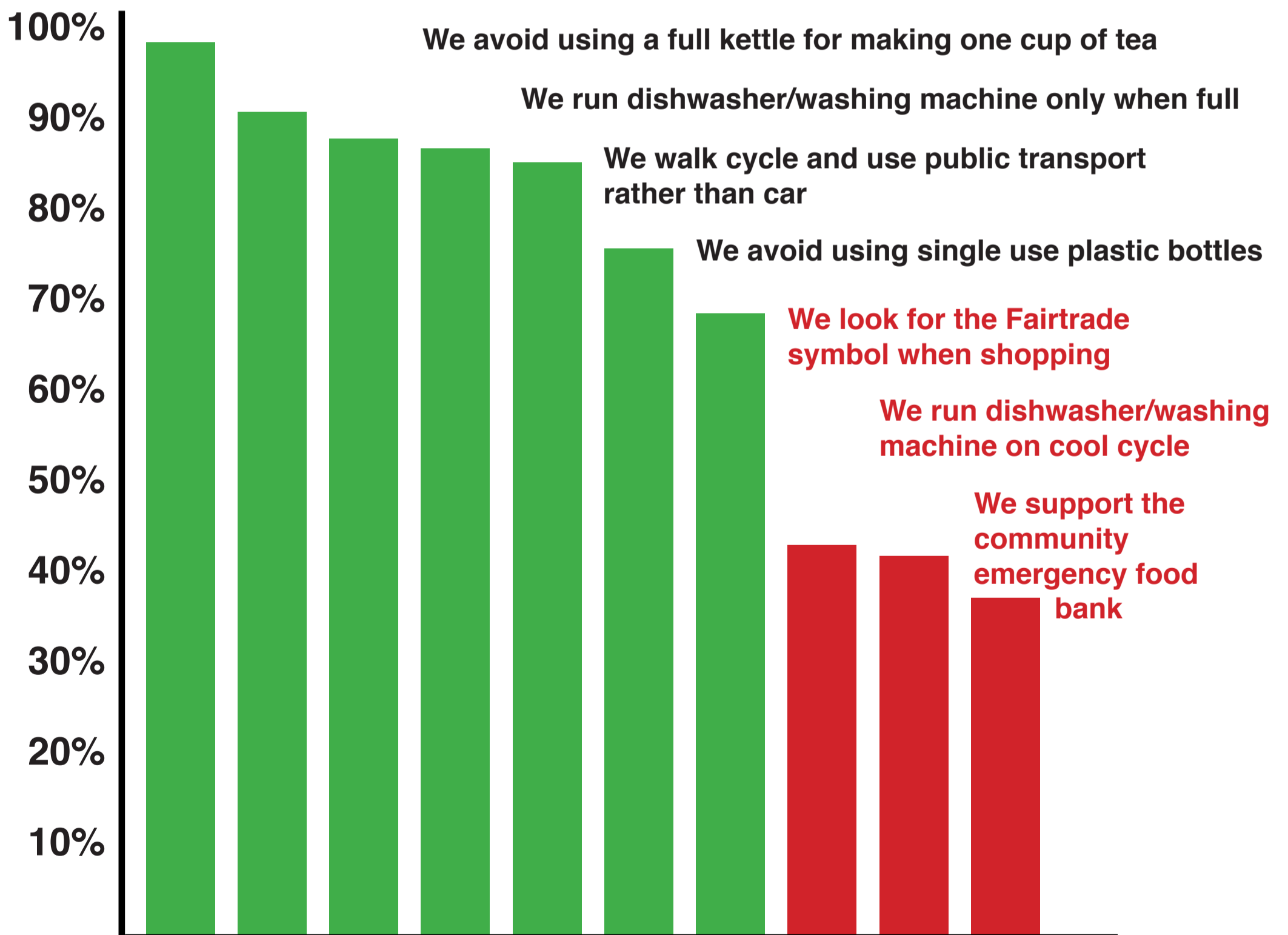
We walk cycle and use public transport rather than car

We avoid using single use plastic bottles

We look for the Fairtrade symbol when shopping

We run dishwasher/washing machine on cool cycle

We support the community emergency food bank



## Responses to Q10, Request for Ideas on the Prompt Sheet (45) Grouped by themes

### We will use these ideas to develop further projects for the Live Simply Campaign

#### Food bank

- Community Larder – launched in Didcot would it be possible to spread this SOFEA charity .
- Support Community Larder initiative.
- A box at the back of church to place food for the poor.
- We need to find out more about the foodbank and whether this is good value for money, ie gift aid and tax back?

#### Not wasting Food

- Don't waste food, only prepare what you need,
- We take leftovers or make our own lunches for work and use re-usable containers, rather than buying food in throw-away packaging or wasting extra food at home.
- Do not waste food only buy what we actually need.
- We use baskets instead of trolleys in supermarkets.
- Re use left overs.
- Try to cut down on food wastage by not "over-buying" and shop more often.

#### Recycling

- Don't buy non-recyclable goods.
- Recycle.
- We dispose of rubbish properly.
- Recycling.
- Have a parish jumble sale so that we can give things we don't use but others can.
- Find out if recycling place accepts hard plastics some do so you can take plastic furniture to be recycled, use your recycle opportunities e.g. glass banks at kerbside.
- Helping those in need, not throw away clothes – give them to charity.
- Place rubbish in the bins provided, recycle.
- Recycle clothing.
- We recycle clothes for our little girl.
- We recycle waste responsibly.
- Buy goods from charity shops.
- Promote recycling like using recycled paper for leaflets.
- Recycle and give away unwanted items or to charity shop.

#### Saving water

- Have short showers to save water.
- Bring (Safari meal )style load of washing for 1 house to do every now and then.
- Comment by Q2 – hand wash and a plan to do 4,5,6,7,8.
- Having showers not baths and 4 minute showers
- We try to handwash our clothes if we can,
- If you left the tap on your mummy would be cross with you!
- Use washing up water to water plants.

#### Conserving energy

- Conserve heat, Have short showers to save water.
- Comment by Q2 – hand wash and a plan to do 4,5,6,7,8.
- Having showers not baths and 4 minute showers, switch to green energy providers, switch off appliances before going on holiday.
- We don't own a tumble dryer, we haven't replaced our broken dishwasher,

- Layered clothing and turn down thermostat accordingly during winter.
- Solar panels on church roof.
- We try to handwash our clothes if we can.

### **Reducing Plastic**

- We reuse shopping bags.
- We don't use plastic straws.
- We take leftovers or make our own lunches for work and use re-usable containers, rather than buying food in throw-away packaging or wasting extra food at home.
- We don't use plastic straws.
- Try buying vegetables that are not in plastic containers or bags.
- We re-use plastic bottles for drinking.
- Use an old bag when going shopping use tissue napkins.
- Using eco-bag instead of plastic bag.
- We recycle bags and jars to avoid using more plastic.
- Carry our own bags when we shop.

### **Simpler celebrations**

- Having home cooked food, avoid unnecessary presents, my son asked all his friends to contribute to charity for his birthday instead of giving him presents.

### **Respect for others**

- Less texts more speaking.
- Saying "please and thank you"- having manners.
- Do not argue with your partner, just go around him or her if possible!

### **Grow your own**

- Share allotment produce.
- A candlelit meal, grow/share veg fruit with neighbours,
- Grow your own veg.
- We plant and grow our own vegetables every summer.

### **Other**

- Each should choose an exercise meaningful to them.
- Have bank accounts that invest in Fairtrade farmers etc.
- Have meat free days.
- We eat organic vegetables because the farming methods are better for the planet